WEEK	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	kg
FOOD TRANSITION WEEK		slow. rfect Weight pet's original food.	Increase slightly. Mix 2 parts Perfect Weight to 2 parts original food.		mix 3 parts P	If your pet is adjusting well, mix 3 parts Perfect Weight to 1 part original food.		Weekly Weight Tracker:
1	Take a "before" picture of your pet.		feel full afterward. T	joy feeding time and The journey to fitness nas begun!	Y,			
2						keep at it - healthy weig	otice a difference just yet, ht means a longer happier your pet.	
3								
4	Is your pet starting to look thinner? Is their waist easier to see? Take a picture and compare it to when you started.							
5								
6				You're over the hump! Only four weeks to go. See if your pet can play longer and exercise more.				
7		4	1					
8	Now's the time to s	starting to look thinner and start planning fun new thin the park or a new activity o	gs to do with your					
9						~		
10	You did it! Note the difference in your pet compared with 10 weeks ago! Time to take a picture of your pet's new look and share it along with your pet's success story on www.HillsPet.co.uk/PerfectWeight							